



LADDER

STEP UP LATROBE VALLEY

If you want help kick-starting the career of your dreams – or just figuring out what that might be – we've got just the thing for you.

Ladder provides a wide range of programs and opportunities for young people, designed to encourage and support you in gaining confidence and developing your skills so you can start a meaningful career. Ladder is the official charity of the AFL Players, which means we get access to games, Club experiences, and players often run or participate in sessions.

Tell me about the program

In the six-week program, you will learn from those in the AFL industry about how to get the best out of yourself and land a job that you actually want. You might also get to meet and learn from AFL players themselves.

You will participate in individual and group development sessions, group camps, community projects and work experience opportunities. In addition to the support you'll receive from a Ladder Development Coach, you also have the option to be mentored by someone who is a leader in their field.

Who can join?

To be eligible for the program, you need to be:

- Aged between 16-25
- Living within the Latrobe Valley
- Interested in getting job ready and stepping up to a challenge
- Ready to explore new opportunities

What will I get out of it?

At the end of the program, you will have:

- Met new people and built good relationships
- Connected with and learnt from leaders from the AFL industry
- Identified your strengths and improved in areas you struggle with
- Developed new skills that will help you succeed
- Completed work experience or job tasters of interest

All training and opportunities provided are free!

This program has approved activity status, so young people can continue to receive Centrelink payments.

When can I start?

We have programs starting all the time. You just need to get in touch with us and we will work out when there's availability. The program is structured but we can be flexible around any relevant commitments, like school, TAFE or sports. You don't have to commit to the program straight away. You can come check it out first, and if you like it, keep going.

Get in touch – Text or call Fiona on 0438 254 781

ladder.org.au/LadderStepUp/LV

